



4. Walk in Herne

Herne / 22.03.2009

Detailed evaluation

Früh, Georg

Club: Laufteam Gescher

Number: 5551

Course: 5.00 km

Nordic Walking

Total time: 47:09

Speed: 6.36 km/h

metres in height up: 99

Course score: 6.49

performance score: 41 Points