



3. Lönskrug "Warm-up-Marathon" für Mountainbiker
 Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Krueger, Volker

Club: wiehenbiker.com
 Number: 45

Course: 40.80 km
 Mitteldistanz Hobby

Category:
 Masters männlich Hobby

Total time: 1:50:55

Speed: 21.64 km/h

Rank in course/Total: 47 (of 156)

Rank in course/Men: 47 (of 147)

Best time in course: 1:34:38

Rank in category: 21(of 63)

Best time in the category: 1:34:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Men	Men				Cat.	Men	Men	
Lap 1	16.30	43:47	21.93	19	6:41	46	16:25	16.30	43:47	21.93	55			52
Lap 2	20.40	56:34	21.21	21	56:30	47	56:30	36.70	1:40:21	21.52	51			47 14:47
Last lap Finish	4.10	10:34	22.71	21	1:36	47	1:40	40.80	1:50:55	21.64	23	53:43		52 53:43