



3. Lönskrug "Warm-up-Marathon" für Mountainbiker
 Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Zander, Steffen

Club: VinschBike-Team Langenhagen
 Number: 335

Course: 40.80 km
 Mitteldistanz Hobby

Category:
 Herren Hobby

Total time: 1:51:45

Speed: 21.48 km/h

Rank in course/Total: 50 (of 156)

Rank in course/Men: 50 (of 147)

Best time in course: 1:34:38

Rank in category: 7(of 22)

Best time in the category: 1:36:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	43:43	21.96	6	5:04	45	16:21	16.30	43:43	21.96	15			55
Lap 2	20.40	57:04	21.03	7	8:07	52	57:00	36.70	1:40:47	21.43	15			50 15:13
Last lap Finish	4.10	10:58	21.88	8	1:42	62	2:04	40.80	1:51:45	21.48	9	51:41		55 54:33