



3. Lönskrug "Warm-up-Marathon" für Mountainbiker
 Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Rokahr, Holger

Club: Springe
 Number: 14

Total time: 1:52:54

Speed: - km/h

Enduro Long Women

Rank in course/Total: 54 (of 156)

Rank in course/Men: 54 (of 147)

Best time in course: 1:34:38

Category:

Rank in category: 16(of 47)

Senioren I Hobby

Best time in the category: 1:36:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	16.30	27:22	35.08	1	-	1	-	16.30	27:22	35.08	40			59	
Lap 2	20.40	1:14:52	16.03	41	26:11	127	1:14:48	36.70	1:42:14	21.13	39			54	16:40
Last lap Finish	4.10	10:40	22.50	17	1:10	50	1:46	-	1:52:54	-	16	16:16		59	55:42