



3. Lönskrug "Warm-up-Marathon" für Mountainbiker
 Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Metje, Michael

Club: mmm-bikes.com
 Number: 249

Course: 40.80 km
 Mitteldistanz Hobby

Category:
 Masters männlich Hobby

Total time: 1:53:57

Speed: 21.06 km/h

Rank in course/Total: 58 (of 156)

Rank in course/Men: 58 (of 147)

Best time in course: 1:34:38

Rank in category: 26(of 63)

Best time in the category: 1:34:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total			Pos		Behind	
				Cat.	Men	Men	Men	km	Time	km/h	Cat.	Men	Men	
Lap 1	16.30	45:08	21.27	27	8:02	61	17:46	16.30	45:08	21.27	60			63
Lap 2	20.40	58:06	20.65	28	58:02	61	58:02	36.70	1:43:14	20.92	56			58 17:40
Last lap Finish	4.10	10:43	22.40	25	1:45	54	1:49	40.80	1:53:57	21.06	28	56:45	63	56:45