



3. Lönskrug "Warm-up-Marathon" für Mountainbiker  
 Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

**Bache, Thomas**

Club: Spartakus Holtensen  
 Number: 18

Course: 40.80 km  
 Mitteldistanz Hobby

Category:  
 Senioren I Hobby

Total time: 1:54:47

Speed: 20.91 km/h

Rank in course/Total: 59 (of 156)

Rank in course/Men: 59 (of 147)

Best time in course: 1:34:38

Rank in category: 18(of 47)

Best time in the category: 1:36:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	16.30	44:46	21.44	18	17:24	59	17:24	16.30	44:46	21.44	42	3:36	64		
Lap 2	20.40	58:42	20.44	18	10:01	64	58:38	36.70	1:43:28	20.88	41			59	17:54
Last lap Finish	4.10	11:19	21.21	22	1:49	72	2:25	40.80	1:54:47	20.91	18	18:09	64	57:35	