



### 3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

#### Detailed evaluation

**Heise, Christine**

Club: Bike - Sport - Lippe eV  
Number: 54

Course: 40.80 km  
Mitteldistanz Hobby

Category:  
Damen Hobby

Total time: 2:00:32

Speed: 19.91 km/h

Rank in course/Total: 80 (of 156)

Rank in course/Women: 1 (of 9)

Best time in course: 2:00:32

Rank in category: 1(of 1)

Best time in the category: 2:00:32

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	16.30	47:49	20.08	1	-	1	-	16.30	47:49	20.08	1	-	1	-
Lap 2	20.40	1:00:53	19.71	1	-	1	-	36.70	1:48:42	19.87	1	-	1	-
Last lap Finish	4.10	11:50	20.28	1	-	1	-	40.80	2:00:32	19.91	1	-	1	-