



3. Lönskrug "Warm-up-Marathon" für Mountainbiker
 Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Sentker, Hendrik

Club: Hessisch Oldendorf
 Number: 214

Course: 40.80 km
 Mitteldistanz Hobby

Category:
 Masters männlich Hobby

Total time: 2:00:59

Speed: 20.23 km/h

Rank in course/Total: 81 (of 156)

Rank in course/Men: 80 (of 147)

Best time in course: 1:34:38

Rank in category: 37(of 63)

Best time in the category: 1:34:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	16.30	50:39	19.31	51	13:33	112	23:17	16.30	50:39	19.31	8		85	4:20
Lap 2	20.40	59:11	20.68	30	59:07	68	59:07	36.70	1:49:50	20.05	7		80	24:16
Last lap Finish	4.10	11:09	22.06	32	2:11	69	2:15	40.80	2:00:59	20.23	39	1:03:47	85	1:03:47