



3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Sentker, Hendrik

Club: Hessisch Oldendorf
Number: 214

Course: 40.80 km
Mitteldistanz Hobby

Category:
Masters männlich Hobby

Total time: 2:00:59

Speed: 19.84 km/h

Rank in course/Total: 81 (of 156)

Rank in course/Men: 80 (of 147)

Best time in course: 1:34:38

Rank in category: 37(of 63)

Best time in the category: 1:34:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Men	Men				Cat.	Men	Men	
Lap 1	16.30	50:39	18.95	51	13:33	112	23:17	16.30	50:39	18.95	8		85	4:20
Lap 2	20.40	59:11	20.28	30	59:07	68	59:07	36.70	1:49:50	19.67	7		80	24:16
Last lap Finish	4.10	11:09	21.52	32	2:11	69	2:15	40.80	2:00:59	19.84	39	1:03:47	85	1:03:47