



3. Lönskrug "Warm-up-Marathon" für Mountainbiker  
 Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Röpke, Jörg

Club: Bad Harzburg  
 Number: 435

Course: 40.80 km  
 Mitteldistanz Hobby

Category:  
 Senioren I Hobby

Total time: 2:01:03

Speed: 19.83 km/h

Rank in course/Total: 83 (of 156)

Rank in course/Men: 82 (of 147)

Best time in course: 1:34:38

Rank in category: 25(of 47)

Best time in the category: 1:36:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	km/h	Pos	Behind	Pos					Behind
Lap 1	16.30	48:26	19.82	28	21:04	87	21:04	16.30	48:26	19.82	2	7:16	87	2:07				
Lap 2	20.40	1:01:06	19.64	22	12:25	79	1:01:02	36.70	1:49:32	19.72	2		82	23:58				
Last lap Finish	4.10	11:31	20.84	25	2:01	76	2:37	40.80	2:01:03	19.83	25	24:25	87	1:03:51				