



3. Lönskrug "Warm-up-Marathon" für Mountainbiker  
 Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Grösl, Andreas

Club: Cicli Club Northeim  
 Number: 377

Course: 40.80 km  
 Mitteldistanz Hobby

Category:  
 Senioren I Hobby

Total time: 2:03:53

Speed: 19.37 km/h

Rank in course/Total: 89 (of 156)

Rank in course/Men: 88 (of 147)

Best time in course: 1:34:38

Rank in category: 28(of 47)

Best time in the category: 1:36:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Men	Men				Cat.	Men		
Lap 1	16.30	50:11	19.13	35	22:49	104	22:49	16.30	50:11	19.13	5	9:01	93	3:52
Lap 2	20.40	1:01:40	19.46	26	12:59	84	1:01:36	36.70	1:51:51	19.31	5		88	26:17
Last lap Finish	4.10	12:02	19.94	31	2:32	90	3:08	40.80	2:03:53	19.37	28	27:15	93	1:06:41