



3. Lönskrug "Warm-up-Marathon" für Mountainbiker  
 Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Armbrecht, Nico

Club: Cicli-Club Northeim  
 Number: 227

Course: 40.80 km  
 Mitteldistanz Hobby

Category:  
 Masters männlich Hobby

Total time: 2:04:51

Speed: 19.22 km/h

Rank in course/Total: 93 (of 156)

Rank in course/Men: 92 (of 147)

Best time in course: 1:34:38

Rank in category: 40(of 63)

Best time in the category: 1:34:38

Intermediate times

Stage score

Total ranking

Control	Split		Split km/h	Pos Cat.	Behind Cat.	Pos		Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
	km	Time				Men	Men								
Lap 1	16.30	49:14	19.50	43	12:08	96	21:52		16.30	49:14	19.50	11		97	2:55
Lap 2	20.40	1:02:28	19.21	39	1:02:24	88	1:02:24		36.70	1:51:42	19.34	10		92	26:08
Last lap Finish	4.10	13:09	18.25	49	4:11	114	4:15		40.80	2:04:51	19.22	42	1:07:39	97	1:07:39