



3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Stinn, Lars

Club: Duisburg
Number: 202

Course: 40.80 km
Mitteldistanz Hobby

Category:
Masters männlich Hobby

Total time: 2:07:11

Speed: 18.87 km/h

Rank in course/Total: 101 (of 156)

Rank in course/Men: 100 (of 147)

Best time in course: 1:34:38

Rank in category: 45(of 63)

Best time in the category: 1:34:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men
								km	Time	km/h	Pos	Behind	Pos				
Lap 1	16.30	50:31	19.00	48	13:25	109	23:09	16.30	50:31	19.00	14			102	4:12		
Lap 2	20.40	1:03:49	18.80	41	1:03:45	92	1:03:45	36.70	1:54:20	18.89	15			100	28:46		
Last lap Finish	4.10	12:51	18.68	46	3:53	109	3:57	40.80	2:07:11	18.87	47	1:09:59		105	1:09:59		