



3. Lönskrug "Warm-up-Marathon" für Mountainbiker
 Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Großklaus, Armin

Club: Bad Münders
 Number: 384

Course: 40.80 km
 Mitteldistanz Hobby

Category:
 Senioren I Hobby

Total time: 2:08:30

Speed: 18.68 km/h

Rank in course/Total: 104 (of 156)

Rank in course/Men: 103 (of 147)

Best time in course: 1:34:38

Rank in category: 34(of 47)

Best time in the category: 1:36:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total		Total		Total		Pos		Behind	
				Cat.	Men	Men	Men	km	Time	km/h	Cat.	Men	Men				
Lap 1	16.30	52:13	18.38	38	24:51	118	24:51	16.30	52:13	18.38	11	11:03	108	5:54			
Lap 2	20.40	1:03:56	18.77	30	15:15	94	1:03:52	36.70	1:56:09	18.60	11		103	30:35			
Last lap Finish	4.10	12:21	19.43	34	2:51	97	3:27	40.80	2:08:30	18.68	34	31:52	108	1:11:18			