



3. Lönskrug "Warm-up-Marathon" für Mountainbiker
 Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Paschka, Hans-Joerg

Club: MTV Obernkirchen
 Number: 76

Course: 40.80 km
 Mitteldistanz Hobby

Category:
 Senioren I Hobby

Total time: 2:09:05

Speed: 18.59 km/h

Rank in course/Total: 106 (of 156)

Rank in course/Men: 105 (of 147)

Best time in course: 1:34:38

Rank in category: 36(of 47)

Best time in the category: 1:36:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Lap 1	16.30	41:10	23.32	7	13:48	25	13:48	16.30	41:10	23.32	1	-	110	
Lap 2	20.40	1:17:40	15.45	43	28:59	133	1:17:36	36.70	1:58:50	18.18	1	-	105	33:16
Last lap Finish	4.10	10:15	23.41	12	0:45	33	1:21	40.80	2:09:05	18.59	36	32:27	110	1:11:53