



3. Lönskrug "Warm-up-Marathon" für Mountainbiker  
 Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Ziemann, Sven

Club: Möser  
 Number: 454

Course: 40.80 km  
 Mitteldistanz Hobby

Category:  
 Masters männlich Hobby

Total time: 2:10:34

Speed: 18.38 km/h

Rank in course/Total: 109 (of 156)

Rank in course/Men: 108 (of 147)

Best time in course: 1:34:38

Rank in category: 47(of 63)

Best time in the category: 1:34:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Men	Men				Cat.	Men	Men	Men
Lap 1	16.30	57:30	16.70	61	20:24	138	30:08	16.30	57:30	16.70	18	6:28	113	11:11
Lap 2	20.40	1:02:15	19.28	38	1:02:11	87	1:02:11	36.70	1:59:45	18.04	17	1:09	108	34:11
Last lap Finish	4.10	10:49	22.19	26	1:51	57	1:55	40.80	2:10:34	18.38	49	1:13:22	113	1:13:22