



3. Lönskrug "Warm-up-Marathon" für Mountainbiker
 Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Schiemann, Achim

Club: Phosphorus
 Number: 373

Course: 40.80 km
 Mitteldistanz Hobby

Category:
 Senioren I Hobby

Total time: 2:15:12

Speed: 18.11 km/h

Rank in course/Total: 119 (of 156)

Rank in course/Men: 117 (of 147)

Best time in course: 1:34:38

Rank in category: 39(of 47)

Best time in the category: 1:36:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Total	
								km	Time	km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	16.30	54:45	17.86	44	27:23	133	27:23	16.30	54:45	17.86	17	13:35	123	8:26	
Lap 2	20.40	1:07:52	18.04	36	19:11	110	1:07:48	36.70	2:02:37	17.96	16	3:47	117	37:03	
Last lap Finish	4.10	12:35	19.55	37	3:05	104	3:41	40.80	2:15:12	18.11	40	38:34	123	1:18:00	