



3. Lönskrug "Warm-up-Marathon" für Mountainbiker  
 Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Schregel, Jaschi

Club: Höxter  
 Number: 371

Course: 40.80 km  
 Mitteldistanz Hobby

Category:  
 Senioren I Hobby

Total time: 2:15:31

Speed: 18.06 km/h

Rank in course/Total: 120 (of 156)

Rank in course/Men: 118 (of 147)

Best time in course: 1:34:38

Rank in category: 40(of 47)

Best time in the category: 1:36:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	16.30	53:04	18.43	40	25:42	124	25:42	16.30	53:04	18.43	18	11:54	124	6:45	
Lap 2	20.40	1:09:02	17.73	37	20:21	112	1:08:58	36.70	2:02:06	18.03	17	3:16	118	36:32	
Last lap Finish	4.10	13:25	18.34	42	3:55	118	4:31	40.80	2:15:31	18.06	41	38:53	124	1:18:19	