



### 3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

#### Detailed evaluation

**Böckmann, Carsten**

Club: Deichrider

Number: 281

Course: 40.80 km

Mitteldistanz Lizenz

Category:

Senioren I Lizenz

Total time: 2:19:41

Speed: 17.18 km/h

Rank in course/Total: 11 (of 12)

Rank in course/Men: 11 (of 12)

Best time in course: 1:31:35

Rank in category: 3(of 4)

Best time in the category: 1:41:31

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	57:09	16.80	3	16:06	11	20:32	16.30	57:09	16.80	3	16:06	11	20:32
Lap 2	20.40	1:08:34	17.50	3	17:40	11	22:30	36.70	2:05:43	17.18	3	33:46	11	43:02
Last lap Finish	4.10	13:58	17.18	3	4:24	11	5:20	40.80	2:19:41	17.18	3	38:10	11	48:06