



3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Gomes, Helder

Club: DDMC Solling e.V. / Team No-Spor
Number: 290

Course: 20.40 km
Kurzdistanz Hobby

Category:
Senioren I Hobby

Total time: 53:07

Speed: 22.59 km/h

Rank in course/Total: 7 (of 30)

Rank in course/Men: 7 (of 26)

Best time in course: 45:12

Rank in category: 3(of 8)

Best time in the category: 50:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	16.30	43:01	22.32	2	1:55	6	6:27	16.30	43:01	22.32	2	1:55	21		
Last lap Finish	4.10	10:06	23.76	3	0:18	6	1:32	20.40	53:07	22.59	3	2:13	7	7:55	