



3. Lönskrug "Warm-up-Marathon" für Mountainbiker
 Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Beine, Joachim

Club: Höxter
 Number: 95

Course: 40.80 km
 Mitteldistanz Hobby

Category:
 Masters männlich Hobby

Total time: 2:22:28

Speed: 16.85 km/h

Rank in course/Total: 128 (of 156)

Rank in course/Men: 126 (of 147)

Best time in course: 1:34:38

Rank in category: 55(of 63)

Best time in the category: 1:34:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Lap 1	16.30	54:05	17.75	57	16:59	130	26:43	16.30	54:05	17.75	26	3:03	132	7:46
Lap 2	20.40	1:14:03	16.21	55	1:13:59	122	1:13:59	36.70	2:08:08	16.86	25	9:32	126	42:34
Last lap Finish	4.10	14:20	16.74	56	5:22	131	5:26	40.80	2:22:28	16.85	57	1:25:16	132	1:25:16