



3. Lönskrug "Warm-up-Marathon" für Mountainbiker  
 Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Köhn, Mario

Club: SG Laufrad  
 Number: 418

Course: 61.20 km  
 Langdistanz Lizenz

Category:  
 Masters männlich Lizenz

Total time: 2:26:52

Speed: 24.92 km/h

Rank in course/Total: 7 (of 17)

Rank in course/Men: 7 (of 16)

Best time in course: 2:16:20

Rank in category: 5(of 6)

Best time in the category: 2:18:15

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	36:42	26.16	4	0:19	6	0:46	16.30	36:42	26.16	2	0:19	4	
Lap 2	20.40	48:50	24.57	4	2:52	7	48:47	36.70	1:25:32	25.25	5	3:00	9	
Lap 3	20.40	51:36	23.26	5	4:50	7	5:52	57.10	2:17:08	24.94	5	7:50	7	8:55
Last lap Finish	4.10	9:44	24.66	4	0:47	5	1:37	61.20	2:26:52	24.92	5	8:37	9	26:18