



3. Lönskrug "Warm-up-Marathon" für Mountainbiker
 Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Ilsemann, Marc

Club: Powerslide. Racing Team
 Number: 347

Course: 61.20 km
 Langdistanz Hobby

Category:
 Masters männlich Hobby

Total time: 2:27:57

Speed: 24.74 km/h

Rank in course/Total: 4 (of 41)

Rank in course/Men: 4 (of 39)

Best time in course: 2:18:08

Rank in category: 3(of 15)

Best time in the category: 2:19:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	16.30	38:09	25.16	3	1:46	4	1:46	16.30	38:09	25.16	5			21	
Lap 2	20.40	47:50	25.09	2	1:36	4	12:33	36.70	1:25:59	25.12	5			28	
Lap 3	20.40	52:06	23.03	5	4:31	7	5:22	57.10	2:18:05	24.77	3	7:53		30	
Last lap Finish	4.10	9:52	24.32	2	0:21	5	8:06	61.20	2:27:57	24.74	5	34:31	10	1:16:48	