



3. Lönskrug "Warm-up-Marathon" für Mountainbiker  
 Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Dupont, Jörg

Club: Quickborn  
 Number: 313

Course: 61.20 km  
 Langdistanz Hobby

Category:  
 Senioren I Hobby

Total time: 2:29:59

Speed: 24.40 km/h

Rank in course/Total: 5 (of 41)

Rank in course/Men: 5 (of 39)

Best time in course: 2:18:08

Rank in category: 2(of 14)

Best time in the category: 2:18:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	54:26	17.64	13	18:00	35	18:03	16.30	54:26	17.64	3		32	3:41
Lap 2	20.40	35:17	34.01	1	-	1	-	36.70	1:29:43	24.08	2	7:07	20	
Lap 3	20.40	50:57	23.55	2	4:13	4	4:13	57.10	2:20:40	24.31	2	11:20	29	
Last lap Finish	4.10	9:19	25.76	2	0:31	3	7:33	61.20	2:29:59	24.40	3	31:28	11	1:18:50