



3. Lönskrug "Warm-up-Marathon" für Mountainbiker
 Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Rauch, Gerrit

Club: Bückeberg
 Number: 385

Course: 40.80 km
 Mitteldistanz Hobby

Category:
 Senioren I Hobby

Total time: 2:31:04

Speed: 16.20 km/h

Rank in course/Total: 139 (of 156)

Rank in course/Men: 134 (of 147)

Best time in course: 1:34:38

Rank in category: 44(of 47)

Best time in the category: 1:36:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total		Total		Total		Pos		Behind	
				Cat.	Men	Men	Men	km	Time	km/h	Cat.	Men	Men				
Lap 1	16.30	59:28	16.45	46	32:06	141	32:06	16.30	59:28	16.45	22	18:18	141	13:09			
Lap 2	20.40	1:17:26	15.81	42	28:45	132	1:17:22	36.70	2:16:54	16.08	21	18:04	134	51:20			
Last lap Finish	4.10	14:10	17.36	43	4:40	127	5:16	40.80	2:31:04	16.20	45	54:26	141	1:33:52			