



3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Lorenz, Jan-Helge

Club: Bad Salzdetfurth Racing
Number: 465

Course: 61.20 km
Langdistanz Hobby

Category:
Masters männlich Hobby

Total time: 2:31:18

Speed: 24.19 km/h

Rank in course/Total: 7 (of 41)

Rank in course/Men: 7 (of 39)

Best time in course: 2:18:08

Rank in category: 5(of 15)

Best time in the category: 2:19:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	16.30	39:21	24.40	4	2:58	5	2:58	16.30	39:21	24.40	7			34	
Lap 2	20.40	50:06	23.95	5	3:52	7	14:49	36.70	1:29:27	24.15	7			31	
Lap 3	20.40	51:56	23.11	4	4:21	6	5:12	57.10	2:21:23	24.19	5	11:11		27	
Last lap Finish	4.10	9:55	24.20	3	0:24	6	8:09	61.20	2:31:18	24.19	7	37:52	13	1:20:09	