



### 3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

#### Detailed evaluation

**Lorenz, Jan-Helge**

Club: Bad Salzdetfurth Racing

Number: 465

Total time: 2:31:18

Speed: - km/h

Enduro Short U15 & 4Fun

Rank in course/Total: 7 (of 41)

Rank in course/Men: 7 (of 39)

Best time in course: 2:18:08

Category:

Rank in category: 5(of 15)

Masters männlich Hobby

Best time in the category: 2:19:43

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	39:21	24.40	4	2:58	5	2:58	16.30	39:21	24.40	7			34
Lap 2	20.40	50:06	23.95	5	3:52	7	14:49	36.70	1:29:27	24.15	7			31
Lap 3	20.40	51:56	23.11	4	4:21	6	5:12	57.10	2:21:23	24.19	5	11:11		27
Last lap Finish	4.10	9:55	24.20	3	0:24	6	8:09	-	2:31:18	-	7	37:52		13 1:20:09