



3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Salvetzki, Ralf

Club: Wennigsen

Number: 424

Course: 40.80 km

Mitteldistanz Hobby

Category:

Senioren I Hobby

Total time: 2:34:37

Speed: 15.52 km/h

Rank in course/Total: 141 (of 156)

Rank in course/Men: 135 (of 147)

Best time in course: 1:34:38

Rank in category: 45(of 47)

Best time in the category: 1:36:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	1:00:22	15.90	47	33:00	142	33:00	16.30	1:00:22	15.90	23	19:12	142	14:03
Lap 2	20.40	1:19:09	15.16	45	30:28	135	1:19:05	36.70	2:19:31	15.48	22	20:41	135	53:57
Last lap Finish	4.10	15:06	15.89	44	5:36	135	6:12	40.80	2:34:37	15.52	46	57:59	142	1:37:25