



3. Lönskrug "Warm-up-Marathon" für Mountainbiker  
 Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Siepmann, Marc

Club: Lichtenau  
 Number: 207

Course: 40.80 km  
 Mitteldistanz Hobby

Category:  
 Masters männlich Hobby

Total time: 2:37:45

Speed: 15.21 km/h

Rank in course/Total: 143 (of 156)

Rank in course/Men: 137 (of 147)

Best time in course: 1:34:38

Rank in category: 59(of 63)

Best time in the category: 1:34:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Lap 1	16.30	57:15	16.77	60	20:09	136	29:53	16.30	57:15	16.77	31	6:13	144	10:56
Lap 2	20.40	1:23:13	14.42	60	1:23:09	137	1:23:09	36.70	2:20:28	15.38	29	21:52	137	54:54
Last lap Finish	4.10	17:17	13.89	60	8:19	142	8:23	40.80	2:37:45	15.21	62	1:40:33	144	1:40:33