



### 3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

#### Detailed evaluation

**Marquardt, Ralph**

Club: SG Athletico Büdelsdorf  
Number: 317

Course: 61.20 km  
Langdistanz Hobby

Category:  
Senioren I Hobby

Total time: 2:42:26

Speed: 22.61 km/h

Rank in course/Total: 13 (of 41)

Rank in course/Men: 13 (of 39)

Best time in course: 2:18:08

Rank in category: 5(of 14)

Best time in the category: 2:18:08

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Lap 1	16.30	42:04	23.25	4	5:38	13	5:41	16.30	42:04	23.25	6			39
Lap 2	20.40	54:07	22.62	6	18:50	14	18:50	36.70	1:36:11	22.89	5	13:35		36
Lap 3	20.40	56:02	21.84	5	9:18	13	9:18	57.10	2:32:13	22.51	5	22:53		22
Last lap Finish	4.10	10:13	24.08	4	1:25	9	8:27	61.20	2:42:26	22.61	6	43:55	19	1:31:17