



3. Lönskrug "Warm-up-Marathon" für Mountainbiker  
 Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Clemens, Manfred

Club: Phosphorus  
 Number: 387

Course: 40.80 km  
 Mitteldistanz Hobby

Category:  
 Senioren II Hobby

Total time: 2:44:08

Speed: 14.91 km/h

Rank in course/Total: 146 (of 156)

Rank in course/Men: 139 (of 147)

Best time in course: 1:34:38

Rank in category: 7(of 7)

Best time in the category: 1:42:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Total	
								km	Time	km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	16.30	1:03:56	15.30	7	23:37	145	36:34	16.30	1:03:56	15.30	7	23:37	146	17:37	
Lap 2	20.40	1:23:42	14.62	7	31:23	139	1:23:38	36.70	2:27:38	14.92	7	54:48	139	1:02:04	
Last lap Finish	4.10	16:30	14.91	7	6:49	140	7:36	40.80	2:44:08	14.91	7	1:01:37	146	1:46:56	