



3. Lönskrug "Warm-up-Marathon" für Mountainbiker
 Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Clemens, Manfred

Club: Phosphorus
 Number: 387

Course: 40.80 km
 Mitteldistanz Hobby

Category:
 Senioren II Hobby

Total time: 2:44:08

Speed: 14.62 km/h

Rank in course/Total: 146 (of 156)

Rank in course/Men: 139 (of 147)

Best time in course: 1:34:38

Rank in category: 7(of 7)

Best time in the category: 1:42:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total		Total		Total		Pos		Behind	
				Cat.	Men	Men	Men	km	Time	km/h	Cat.	Men	Men				
Lap 1	16.30	1:03:56	15.02	7	23:37	145	36:34	16.30	1:03:56	15.02	7	23:37	146	17:37			
Lap 2	20.40	1:23:42	14.34	7	31:23	139	1:23:38	36.70	2:27:38	14.63	7	54:48	139	1:02:04			
Last lap Finish	4.10	16:30	14.55	7	6:49	140	7:36	40.80	2:44:08	14.62	7	1:01:37	146	1:46:56			