



3. Lönskrug "Warm-up-Marathon" für Mountainbiker
 Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Rotermund, Gerda

Club: MTB Race Team Höxter
 Number: 52

Course: 40.80 km
 Mitteldistanz Hobby

Category:
 Seniorinnen I Hobby

Total time: 2:50:51

Speed: 14.05 km/h

Rank in course/Total: 147 (of 156)

Rank in course/Women: 8 (of 9)

Best time in course: 2:00:32

Rank in category: 3(of 3)

Best time in the category: 2:25:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	16.30	1:03:40	15.08	3	6:57	8	15:51	16.30	1:03:40	15.08	3	6:57	8	15:51
Lap 2	20.40	1:29:49	13.36	3	14:36	8	28:56	36.70	2:33:29	14.07	3	21:33	8	44:47
Last lap Finish	4.10	17:22	13.82	3	3:32	9	5:32	40.80	2:50:51	14.05	3	25:05	8	50:19