



3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

nöthel, jens

Club: MBC Hannover e.V.
Number: 304

Course: 61.20 km
Langdistanz Hobby

Category:
Senioren I Hobby

Total time: 2:53:55

Speed: 21.04 km/h

Rank in course/Total: 21 (of 41)

Rank in course/Men: 21 (of 39)

Best time in course: 2:18:08

Rank in category: 10(of 14)

Best time in the category: 2:18:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	16.30	50:26	19.04	10	14:00	31	14:03	16.30	50:26	19.04	11			8	
Lap 2	20.40	51:00	23.53	3	15:43	8	15:43	36.70	1:41:26	21.29	10	18:50		7	
Lap 3	20.40	1:00:47	19.74	10	14:03	19	14:03	57.10	2:42:13	21.08	10	32:53		5	
Last lap Finish	4.10	11:42	20.51	11	2:54	25	9:56	61.20	2:53:55	21.04	11	55:24	27	1:42:46	