



3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Niggemeier, Thomas

Club: Rat Pack
Number: 462

Course: 40.80 km
Mitteldistanz Hobby

Category:
Junioren U 19 Hobby

Total time: 3:02:18

Speed: 13.17 km/h

Rank in course/Total: 149 (of 156)

Rank in course/Men: 140 (of 147)

Best time in course: 1:34:38

Rank in category: 7(of 8)

Best time in the category: 1:34:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Men	Men				Cat.	Men	Men	Men
Lap 1	16.30	1:09:00	13.91	8	31:52	147	41:38	16.30	1:09:00	13.91	8	8:28	147	22:41
Lap 2	20.40	1:36:44	12.41	7	47:50	140	1:36:40	36.70	2:45:44	13.03	7	1:19:42	140	1:20:10
Last lap Finish	4.10	16:34	14.49	7	7:40	141	7:40	40.80	3:02:18	13.17	8	1:41:38	147	2:05:06