



3. Lönskrug "Warm-up-Marathon" für Mountainbiker
 Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Loth, Steffen W.

Club: MBC Hannover e.V.
 Number: 345

Course: 61.20 km
 Langdistanz Hobby

Category:
 Masters männlich Hobby

Total time: 3:07:59

Speed: 19.47 km/h

Rank in course/Total: 26 (of 41)

Rank in course/Men: 26 (of 39)

Best time in course: 2:18:08

Rank in category: 10(of 15)

Best time in the category: 2:19:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	16.30	48:02	19.99	11	11:39	26	11:39	16.30	48:02	19.99	12	4:02	13		
Lap 2	20.40	1:01:36	19.48	10	15:22	27	26:19	36.70	1:49:38	19.70	12	7:30	12	0:21	
Lap 3	20.40	1:06:08	18.15	10	18:33	28	19:24	57.10	2:55:46	19.46	10	45:34	1	-	
Last lap Finish	4.10	12:13	19.65	11	2:42	30	10:27	61.20	3:07:59	19.47	12	1:14:33	32	1:56:50	