



3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Schröder, Norbert

Club: Cuxhaven

Number: 312

Course: 61.20 km

Langdistanz Hobby

Category:

Senioren I Hobby

Total time: 3:10:47

Speed: 19.18 km/h

Rank in course/Total: 28 (of 41)

Rank in course/Men: 28 (of 39)

Best time in course: 2:18:08

Rank in category: 12(of 14)

Best time in the category: 2:18:08

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
|-----------------|-------------|---------------|---------------|-------------|----------------|------------|---------------|-------------|---------------|---------------|-------------|----------------|------------|---------------|
| | | | | | | | | | | | | | | |
| Lap 1 | 16.30 | 50:26 | 19.04 | 10 | 14:00 | 31 | 14:03 | 16.30 | 50:26 | 19.04 | 11 | | 8 | |
| Lap 2 | 20.40 | 1:05:28 | 18.33 | 12 | 30:11 | 32 | 30:11 | 36.70 | 1:55:54 | 18.64 | 12 | 33:18 | 14 | 6:37 |
| Lap 3 | 20.40 | 1:03:30 | 18.90 | 12 | 16:46 | 25 | 16:46 | 57.10 | 2:59:24 | 19.06 | 12 | 50:04 | 12 | 3:38 |
| Last lap Finish | 4.10 | 11:23 | 21.08 | 7 | 2:35 | 20 | 9:37 | 61.20 | 3:10:47 | 19.18 | 13 | 1:12:16 | 34 | 1:59:38 |