



### 3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

#### Detailed evaluation

**Velser, Marco**

Club: Braunschweig  
Number: 334

Course: 61.20 km  
Langdistanz Hobby

Category:  
Herren Hobby

Total time: 3:23:13

Speed: 18.01 km/h

Rank in course/Total: 30 (of 41)

Rank in course/Men: 30 (of 39)

Best time in course: 2:18:08

Rank in category: 6(of 8)

Best time in the category: 2:38:35

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	54:36	17.58	7	13:31	37	18:13	16.30	54:36	17.58	8		17	3:51
Lap 2	20.40	1:04:11	18.70	7	10:40	30	28:54	36.70	1:58:47	18.18	7	22:50	16	9:30
Lap 3	20.40	1:11:26	16.80	6	16:27	31	24:42	57.10	3:10:13	17.98	6	33:24	14	14:27
Last lap Finish	4.10	13:00	18.46	8	11:14	34	11:14	61.20	3:23:13	18.01	8	2:12:04	36	2:12:04