



3. Lönskrug "Warm-up-Marathon" für Mountainbiker
 Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Vennemann, Jörg

Club: Team Freebike
 Number: 353

Course: 61.20 km
 Langdistanz Hobby

Category:
 Masters männlich Hobby

Total time: 3:25:40

Speed: 17.85 km/h

Rank in course/Total: 31 (of 41)

Rank in course/Men: 31 (of 39)

Best time in course: 2:18:08

Rank in category: 12(of 15)

Best time in the category: 2:19:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	54:29	17.95	15	18:06	36	18:06	16.30	54:29	17.95	14	10:29	18	3:44
Lap 2	20.40	1:09:23	17.64	13	23:09	35	34:06	36.70	2:03:52	17.78	14	21:44	17	14:35
Lap 3	20.40	1:08:27	17.88	12	20:52	30	21:43	57.10	3:12:19	17.81	12	1:02:07	15	16:33
Last lap Finish	4.10	13:21	18.43	13	3:50	35	11:35	61.20	3:25:40	17.85	14	1:32:14	37	2:14:31