



3. Lönskrug "Warm-up-Marathon" für Mountainbiker
 Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Stiller, Martin

Club: Harsum
 Number: 349

Course: 61.20 km
 Langdistanz Hobby

Category:
 Masters männlich Hobby

Total time: 3:25:52

Speed: 17.84 km/h

Rank in course/Total: 32 (of 41)

Rank in course/Men: 32 (of 39)

Best time in course: 2:18:08

Rank in category: 13(of 15)

Best time in the category: 2:19:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Men	Men				Cat.	Men	Men	Men
Lap 1	16.30	46:58	20.82	9	10:35	24	10:35	16.30	46:58	20.82	15	2:58	19	
Lap 2	20.40	1:09:25	17.63	14	23:11	36	34:08	36.70	1:56:23	18.92	15	14:15	18	7:06
Lap 3	20.40	1:15:15	16.27	13	27:40	33	28:31	57.10	3:11:38	17.88	13	1:01:26	16	15:52
Last lap Finish	4.10	14:14	17.28	15	4:43	38	12:28	61.20	3:25:52	17.84	15	1:32:26	38	2:14:43