



3. Lönskrug "Warm-up-Marathon" für Mountainbiker
 Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Hädicke, Simone

Club: Hannover
 Number: 354

Course: 61.20 km
 Langdistanz Hobby

Category:
 Masters weiblich Hobby

Total time: 3:53:20

Speed: 15.69 km/h

Rank in course/Total: 35 (of 41)

Rank in course/Women: 2 (of 2)

Best time in course: 3:37:57

Rank in category: 2(of 2)

Best time in the category: 3:37:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Lap 1	16.30	58:35	16.39	2	0:48	2	0:48	16.30	58:35	16.39	2	0:48	2	0:48
Lap 2	20.40	1:17:45	15.43	2	2:16	2	2:16	36.70	2:16:20	15.84	2	3:04	2	3:04
Lap 3	20.40	1:21:59	14.64	2	10:11	2	10:11	57.10	3:38:19	15.67	2	13:15	2	13:15
Last lap Finish	4.10	15:01	15.98	2	2:08	2	2:08	61.20	3:53:20	15.69	2	15:23	2	15:23