



3. Lönskrug "Warm-up-Marathon" für Mountainbiker
 Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Fricke, Helmut

Total time: 1:01:33

Club: Dasseler SC/ Team NoBrake
 Number: 410

Speed: - km/h

Enduro Long Men

Rank in course/Total: 13 (of 30)

Rank in course/Men: 12 (of 26)

Best time in course: 45:12

Category:

Rank in category: 1(of 2)

Senioren II Hobby

Best time in the category: 1:01:33

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Lap 1	16.30	49:29	19.40	1	-	13	12:55	16.30	49:29	19.40	1	-	16	
Last lap Finish	4.10	12:04	19.89	1	-	12	3:30	-	1:01:33	-	1	-	12	16:21