



3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Arste, Wilhelm

Club: Deensen

Number: 479

Course: 20.40 km

Kurzdistanz Hobby

Category:

Senioren I Hobby

Total time: 1:02:37

Speed: 19.16 km/h

Rank in course/Total: 17 (of 30)

Rank in course/Men: 16 (of 26)

Best time in course: 45:12

Rank in category: 7(of 8)

Best time in the category: 50:54

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Lap 1	16.30	49:58	19.21	6	8:52	16	13:24	16.30	49:58	19.21	7	8:52	12	0:01
Last lap Finish	4.10	12:39	18.97	7	2:51	17	4:05	20.40	1:02:37	19.16	7	11:43	16	17:25