



### 3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

#### Detailed evaluation

**Neborg, Jens**

Club: Nordstemmen  
Number: 403

Course: 20.40 km  
Kurzdistanz Hobby

Category:  
Masters männlich Hobby

Total time: 1:03:32

Speed: 18.89 km/h

Rank in course/Total: 18 (of 30)

Rank in course/Men: 17 (of 26)

Best time in course: 45:12

Rank in category: 2(of 4)

Best time in the category: 58:22

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Lap 1	16.30	51:39	18.59	2	4:26	19	15:05	16.30	51:39	18.59	2	4:26	11	1:42
Last lap Finish	4.10	11:53	20.20	2	0:44	10	3:19	20.40	1:03:32	18.89	2	5:10	17	18:20