



3. Lönskrug "Warm-up-Marathon" für Mountainbiker
 Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Kolvenbach, Manfred

Club: GC Ahrenshorst
 Number: 285

Course: 20.40 km
 Kurzdistanz Hobby

Category:
 Senioren II Hobby

Total time: 1:19:10

Speed: 15.16 km/h

Rank in course/Total: 24 (of 30)

Rank in course/Men: 21 (of 26)

Best time in course: 45:12

Rank in category: 2(of 2)

Best time in the category: 1:01:33

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Lap 1	16.30	1:02:41	15.32	2	13:12	20	26:07	16.30	1:02:41	15.32	2	13:12	7	12:44
Last lap Finish	4.10	16:29	14.56	2	4:25	25	7:55	20.40	1:19:10	15.16	2	17:37	21	33:58