



3. Lönskrug "Warm-up-Marathon" für Mountainbiker
 Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Koch, Lars

Club: WSV Beverungen
 Number: 41

Course: 40.80 km
 Mitteldistanz Hobby

Category:
 Masters männlich Hobby

Total time: 1:39:10

Speed: 24.69 km/h

Rank in course/Total: 10 (of 156)

Rank in course/Men: 10 (of 147)

Best time in course: 1:34:38

Rank in category: 6(of 63)

Best time in the category: 1:34:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men
								km	Time	km/h	Pos	Behind	Pos				
Lap 1	16.30	40:06	24.39	6	3:00	13	12:44	16.30	40:06	24.39	40					15	
Lap 2	20.40	49:25	24.77	6	49:21	10	49:21	36.70	1:29:31	24.60	36					10	3:57
Last lap Finish	4.10	9:39	25.49	6	0:41	11	0:45	40.80	1:39:10	24.69	8	41:58			15	41:58	