



3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Hollwede, Jochen

Club: RSV Bruchhausen Vilsen
Number: 413

Course: 40.80 km
Mitteldistanz Lizenz

Category:
Senioren I Lizenz

Total time: 1:41:31

Speed: 23.64 km/h

Rank in course/Total: 6 (of 12)

Rank in course/Men: 6 (of 12)

Best time in course: 1:31:35

Rank in category: 1(of 4)

Best time in the category: 1:41:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	41:03	23.39	1	-	7	4:26	16.30	41:03	23.39	1	-	6	4:26
Lap 2	20.40	50:54	23.58	1	-	6	4:50	36.70	1:31:57	23.49	1	-	6	9:16
Last lap Finish	4.10	9:34	25.09	1	-	5	0:56	40.80	1:41:31	23.64	1	-	6	9:56