



3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Prohn, Björn

Club: Team Fahrradprofi Scheessel
Number: 472

Course: 40.80 km
Mitteldistanz Hobby

Category:
Herren Hobby

Total time: 1:46:14

Speed: 22.59 km/h

Rank in course/Total: 25 (of 156)

Rank in course/Men: 25 (of 147)

Best time in course: 1:34:38

Rank in category: 4(of 22)

Best time in the category: 1:36:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	40:50	23.51	3	2:11	22	13:28	16.30	40:50	23.51	18		23	
Lap 2	20.40	54:31	22.01	5	5:34	33	54:27	36.70	1:35:21	22.65	18		25	9:47
Last lap Finish	4.10	10:53	22.05	7	1:37	59	1:59	40.80	1:46:14	22.59	6	46:10	30	49:02