



### 3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

#### Detailed evaluation

Fanslau, Tobias

Club: Spartakus Holtensen  
Number: 17

Course: 40.80 km  
Mitteldistanz Hobby

Category:  
Senioren I Hobby

Total time: 1:46:49

Speed: 22.47 km/h

Rank in course/Total: 27 (of 156)

Rank in course/Men: 27 (of 147)

Best time in course: 1:34:38

Rank in category: 7(of 47)

Best time in the category: 1:36:38

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	16.30	43:03	22.30	12	15:41	37	15:41	16.30	43:03	22.30	31	1:53	32		
Lap 2	20.40	53:37	22.38	8	4:56	26	53:33	36.70	1:36:40	22.34	30			27	11:06
Last lap Finish	4.10	10:09	23.65	10	0:39	26	1:15	40.80	1:46:49	22.47	7	10:11	32	49:37	