



3. Lönskrug "Warm-up-Marathon" für Mountainbiker  
 Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Kaaden, Detlef

Club: Grünenplan  
 Number: 388

Course: 40.80 km  
 Mitteldistanz Hobby

Category:  
 Senioren II Hobby

Total time: 1:47:25

Speed: 22.34 km/h

Rank in course/Total: 30 (of 156)

Rank in course/Men: 30 (of 147)

Best time in course: 1:34:38

Rank in category: 3(of 7)

Best time in the category: 1:42:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	16.30	41:48	22.97	3	1:29	29	14:26	16.30	41:48	22.97	3	1:29	35		
Lap 2	20.40	54:57	21.84	4	2:38	37	54:53	36.70	1:36:45	22.33	3	3:55	30	11:11	
Last lap Finish	4.10	10:40	22.50	3	0:59	50	1:46	40.80	1:47:25	22.34	3	4:54	35	50:13	