



### 3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

#### Detailed evaluation

**Pingel, Remo**

Club: RSV Vorwärts Parchim  
Number: 68

Course: 40.80 km  
Mitteldistanz Hobby

Category:  
Herren Hobby

Total time: 1:48:51

Speed: 22.05 km/h

Rank in course/Total: 35 (of 156)

Rank in course/Men: 35 (of 147)

Best time in course: 1:34:38

Rank in category: 5(of 22)

Best time in the category: 1:36:52

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	16.30	45:12	21.24	9	6:33	63	17:50	16.30	45:12	21.24	17			40	
Lap 2	20.40	53:38	22.37	4	4:41	27	53:34	36.70	1:38:50	21.85	17			35	13:16
Last lap Finish	4.10	10:01	23.96	3	0:45	20	1:07	40.80	1:48:51	22.05	7	48:47		40	51:39