



3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Koch, Dirk

Club: Bike-Sport-Team-Springe
Number: 79

Course: 40.80 km
Mitteldistanz Hobby

Category:
Masters männlich Hobby

Total time: 1:49:17

Speed: 21.96 km/h

Rank in course/Total: 38 (of 156)

Rank in course/Men: 38 (of 147)

Best time in course: 1:34:38

Rank in category: 15(of 63)

Best time in the category: 1:34:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Men	Men				Cat.	Men	Men	
Lap 1	16.30	43:15	22.20	13	6:09	39	15:53	16.30	43:15	22.20	33		43	
Lap 2	20.40	55:31	21.62	19	55:27	42	55:27	36.70	1:38:46	21.87	45		38	13:12
Last lap Finish	4.10	10:31	22.82	17	1:33	43	1:37	40.80	1:49:17	21.96	17	52:05	43	52:05