



3. Lönskrug "Warm-up-Marathon" für Mountainbiker Hellental (Gemeinde Heinade) / 05.04.2009

Detailed evaluation

Koch, Dirk

Club: Bike-Sport-Team-Springe
Number: 79

Course: 40.80 km
Mitteldistanz Hobby

Category:
Masters männlich Hobby

Total time: 1:49:17

Speed: 22.40 km/h

Rank in course/Total: 38 (of 156)

Rank in course/Men: 38 (of 147)

Best time in course: 1:34:38

Rank in category: 15(of 63)

Best time in the category: 1:34:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	16.30	43:15	22.61	13	6:09	39	15:53	16.30	43:15	22.61	33			43	
Lap 2	20.40	55:31	22.05	19	55:27	42	55:27	36.70	1:38:46	22.29	45			38	13:12
Last lap Finish	4.10	10:31	23.39	17	1:33	43	1:37	40.80	1:49:17	22.40	17	52:05		43	52:05