



6. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau-Heyda / 11.04.2009

Detailed evaluation

Prescher, Frank

Club: USV Erfurt

Number: 746

Course: 9.30 km

Kurze Strecke

Category:

Männer M35

Total time: 47:33

Speed: 11.36 km/h

Running performance: 5:07 min/km

Rank in course/Total: 102 (of 244)

Rank in course/Men: 88 (of 171)

Best time in course: 32:46

Rank in category: 13(of 20)

Best time in the category: 35:43